



The Pantry Shelf

Project Concern of Cudahy - St. Francis
Newsletter - Fall 2009

Pantry Hours:

Monday: 9:00am to Noon
3:00pm to 6:00pm
Wednesday: 9:00am to Noon
Friday: 9:00am to Noon
First Saturday of the month:
9:00am to 11:00am
Tuesday: 10:00am to 1:00pm
by appointment only— call 211

Call 211:

For referrals to services and emergency housing and food needs when Project Concern is not open.

Location:

Corner of Plankinton & Kirkwood Ave. lower level of Nativity of the Lord Parish, 4611 S. Kirkwood Ave.

Phone Number:

414-744-0645

Mailing Address:

P.O. Box 100093, Cudahy, WI 53110

Email Address:

projconcern@msn.com

Website:

www.projectconcerncudahy.org

Mission:

Serve low-income individuals and families by feeding the needy, meeting emergency basic needs and providing a bridge/safety net to help them become self-sufficient.

EMERGENCY FOOD PANTRY

Project Concern is an emergency food pantry that serves both Cudahy-St. Francis. The maximum income for receipt of food is for a one person household is \$1,604 and for a family of four \$3,269. Individuals and community organizations are encouraged to refer people to Project Concern. The pantry provides 3 to 4 days of food, personal care products, clothing and household items to individuals and families that meet income criteria. The pantry also provides information and referral services to other social services agencies and government programs.

Project Concern is an Equal Opportunity Provider.



BE A PROJECT CONCERN BACKER!

Let's hope the Green Bay Packers have a great season. With your backing Project Concern is guaranteed a good season too. You can tackle one of the following and join our Team of volunteers:

1. Tackle these tasks at the pantry:
 - ✓ Stock, sort, and organize donations.
 - ✓ Deliver food to the homebound
 - ✓ Pick up donations or supplies
 - ✓ Share a special skill to accomplish a specific task, like a computer-whiz to help network our system, or grant writer to obtain funds for the pantry.
2. Select Project Concern to receive the benefit of the Pick 'N Save "We Care" program. Project Concern's "We Care" account number is 627325.
3. Hold or participate in a donation drive to collect personal care items, food, or clothing.



Make a donation:



- ✓ Provide a Thanksgiving Basket
- ✓ Sponsor a child for a Holiday Gift
- ✓ Mail a monetary donations which allows for

the purchase of food, personal care items, and helps pay operating expenses. An envelope for donations is enclosed for your convenience.

Donations can be dropped off during normal operating hours. Checks can be made payable to Project Concern and sent to our mailing address. Volunteers can work during the hours that are most convenient for them. If you are interested in helping Project Concern or have any questions please call 744-0645.

PROJECT CONCERN 2009
HOLIDAY GIVING PROGRAM



Project Concern is looking for individuals and groups that will “sponsor” the children Project Concern serves. We ask that individuals or groups purchase one item from a child’s Christmas wish list and deliver the item unwrapped to Project Concern during the month of November.

Patrons requesting holiday gifts for their children must complete the Holiday Assistance Sign-up form and return it to Project Concern before **October 30, 2009**. Children 17 years of age and younger will be eligible to receive gifts. Forms are available at Project Concern. Patrons are asked to select only moderately priced items.

Help us brighten a child’s holidays. Please contact Project Concern at 744-0645 with any questions or to be a sponsor.



HOLIDAY GIVING PROGRAM

There is more than one way to give to the pantry, Project Concern HOLIDAY GIVING PROGRAM is the gift for the person who has everything and cares about others. Gift givers make a monetary gift to Project Concern in the name of a friend or family member. Project Concern will then send a custom made “Thank You” to the person of your choice. This gesture will add new meaning to your holiday season and help people in need. Contact Project Concern at 414-744-0645 to arrange to make a gift. Place your order between November 17 & December 15.



PROJECT CONCERN WILL BE CLOSED

Sept. 7, Nov. 27 , Dec. 23, 25, 30 and Jan. 1.

Please Call 211 if you have an emergency food need when the pantry is closed.

PROJECT CONCERN STAFF

Mark Peters, Executive Director

Dick Buschmann, Co-director

Debby Pizur, Co-director/Outreach Coordinator

Hector Orengo, Outreach Specialist

Irene Miller, Outreach Specialist

The *Pantry Shelf* is written and edited by Project Concern Staff.

DONATIONS - DONATIONS - DONATIONS

Hunger Task Force is the pantry’s main contributor of food. Project Concern is a part of “The Emergency Food Assistance Program (TEFAP)”. The Emergency Food Assistance Program is a federal program overseen by the State of Wisconsin Department of Health and Family Services and administered by Hunger Task Force. To receive TEFAP food Project Concern is obligated to get donations to match the food that is given to us by Hunger Task Force (75,000 pounds in one 12 month period) making donations very important to us.

We do ask that you do not leave donations outside of the Project Concern entrance. If you cannot drop off donations during normal operating hours please call the Director and arrange for a time to drop off your donations.

Please remember we can not accept:

- Large Appliances
- Stained Mattresses or Pillows
- Dirty, broken, unsafe or items missing parts.
- Items recalled by Consumer Product Safety Commission.



Please remember - do not leave donations outside the Project Concern entrance. Left out in the elements often damages donations. It also makes getting in and out of the entrance difficult.

For your convenience a envelope with Project Concern’s address is included with this newsletter so you can easily make a donation if you wish. Project Concern and its patrons rely on the kindness and involvement of people, businesses and community organizations.

THANK YOU !!!

On behalf of our patrons, Project Concern thanks all our many donors and volunteers. The following are some of our donors & collaborators:



HUNGER TASK FORCE

UMOS-W2, Hunger Relief Fund

Food for the Hungry Inc.

Cudahy & St. Francis-CDB Grant

Ladish Foundation, Cudahy Lions Club,

National Tissue



PROJECT CONCERN PARTNERING WITH UMOS

UMOS is a private, non-profit corporation established in 1965. Today, UMOs offers diverse programs - four major categories: workforce development, child development, education and social services, which include housing, health promotions and domestic violence supportive services. UMOs' mission is to provide programs and services which improve the employment, education, health, and housing opportunities of under-served populations. Currently UMOs operates programs to assist low-income individuals and families as they gain economic self-sufficiency.

For more information visit Project Concern or contact UMOs direct...

UMOS Corporate Headquarters

2701 S. Chase Avenue, Milwaukee, WI 53207

Phone: (414) 389-6000 Fax: (414) 389-6047

Toll Free: 1-800-279-8667

WISCONSIN WORKS (W-2)

Wisconsin Works (W-2) began in 1997 replacing Aid to Families with Dependent Children. W-2 is based on work participation and personal responsibility. W-2 is available to low-income parents with minor children and are willing to work. Each participant meets with a Financial & Employment Planner, who helps the individual develop a self-sufficiency plan and determine his or her place on the W-2 employment ladder. The ladder consists of four levels of employment and training options, in order of preference:

1. Unsubsidized Employment
2. Trial Jobs (Subsidized Employment)
3. Community Service Jobs
4. W-2 Transition

The maximum lifetime limit to be in the program is 60 months. Extensions may be available on a limited basis when barriers exist that prevent employment.

Contact UMOs for more information or visit <http://dcf.wisconsin.gov/w2/wisworks.htm>.

NOTE: *The information in this newsletter is designed for educational purposes only. You should not substitute this information for any professional, medical attention, diagnosis or treatment. If you have any medical, legal or other concerns consult with a professional.*

VOLUNTEER SPOTLIGHT

Recipe Corner

Healthy Half-time Cucumber Dip

Ingredients:

- 2 cups plain low-fat yogurt
- 2 large cucumbers, peeled, seeded, and grated
- 1/2 cup nonfat sour cream
- 1 Tbsp lemon juice
- 1 Tbsp fresh dill
- 1 garlic clove, chopped
- 1 cup cherry tomatoes
- 1 cup broccoli florets
- 1 cup baby carrots



Directions:

Peel, seed, and grate one cucumber. Slice other cucumber and set aside. Mix yogurt, grated cucumber, sour cream, lemon juice, dill, and garlic in a serving bowl. Chill for 1 hour. Arrange tomatoes, cucumbers, broccoli, and carrots on a colorful platter. Serve with cucumber dip.

Recipe from: <http://blog.healia.com>



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Major Financial Sponsors are:

Hunger Task Force of Milwaukee
UMOS-W2
Cudahy & St. Francis City
Community Development Block Grants
Ladish Foundation
Cudahy Lions Club
Hunger Relief Fund



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