

Community Cares News

Cudahy-St. Francis Interfaith Program for the Elderly & Project Concern of Cudahy – St. Francis Inc.

FALL AND WINTER 2019/2020



Community Cares News is a joint newsletter for Project Concern, the emergency food pantry that serves both communities and Cudahy-St. Francis Interfaith Program for the Elderly.

Thanksgiving Food Drive

As we get ready to gather with family and friends soon to share a meal and give thanks for all that we have, let's be sure to remember those who are facing difficult circumstances. With your help, Project Concern will be able to provide over 70 fully-stocked Thanksgiving meal boxes to our neighbors in need.

Please consider donating any of the traditional Thanksgiving foods, or, a monetary donation will allow us to buy the items that we most need.

GIVE THANKS!!

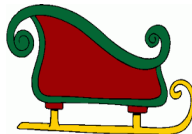
Christmas Gift Program

Christmas Gift
Program 2019



Project concern is now taking requests from pantry patrons wishing to sign their children up (17 years and younger please) for a Christmas gift this year. Please visit our website or stop at the pantry to fill out your form asap!

Would you like to *sponsor a child* and give the gift of Joy this year? Please visit our website for the form, or call or stop by the pantry anytime!



Director's Cut

This is one of my favorite stories - it always makes me reflect on the good in my life.

Thanks for reading our newsletter! - Patrick

The Trouble Tree

The carpenter I hired to help me restore an old farmhouse had just finished a rough first day on the job. A flat tire made him lose an hour of work, his electric saw quit, and now his ancient pickup truck refused to start.

While I drove him home, he sat in stony silence. On arriving, he invited me in to meet his family.

As we walked toward the front door, he paused briefly at a small tree, touching the tips of the branches with both hands. After opening the door, he underwent an amazing transformation. His tanned face was wreathed in smiles and he hugged his two small children and gave his wife a kiss.

Afterward he walked me to the car. We passed the tree and my curiosity got the better of me. I asked him about what I had seen him do earlier.

"Oh, that's my trouble tree," he replied. "I know I can't help having troubles on the job, but one thing's for sure, troubles don't belong in the house with my wife and the children, so I just hang them up on the tree every night when I come home. Then in the morning I pick them up again."

"Funny thing is," he smiled, "when I come out in the morning to pick 'em up, there aren't nearly as many there as I remember hanging up the night before."

by Author Unknown

PROJECT CONCERN OF CUDAHY-ST. FRANCIS—OUR MISSION

To serve low-income individuals and families by feeding the needy, meeting emergency basic needs and providing a bridge/safety net to help them become self-sufficient.

Agency Director: Patrick Higgins

Phone: 414-744-0645

Fax: 414-744-0645

Email: info@projectconcerncudahy.org

Mailing Address:

P.O. Box 100093

Cudahy, WI 53110-0093

Location:

4611 S. Kirkwood Ave, Lower Level
of the Nativity of the Lord Parish
Cudahy, WI 53110

Hours of Operation:

Monday 9:00 am to Noon
3:00 pm to 6:00 pm

Wednesday 9:00 am to Noon

Friday 9:00 am to Noon

1st Saturday of the month

9:00am to 11:00 am

***By appointment Wed: Noon to 3:00pm*

Website: projectconcerncudahy.org

Like us on Facebook:

Project Concern of Cudahy-St. Francis

Food Pantry Services:

- ♦ Emergency food in collaboration with Hunger Task Force.
- ♦ Clothing, household items, toys, books and more.
- ♦ Personal care products.
- ♦ Information and referral services.
- ♦ Birthday cake mix and gift for children
- ♦ Seasonal programs:
 - School Supplies for students.
 - Special holiday food baskets
 - Holiday gift program for children

All services are provided free of charge.

Thank you to our many supporters!

BOWL OVER HUNGER!

Looking to have a great time AND support Project Concern? JOIN US at South Shore Bowl for a 9-Pin Tap Fundraiser. \$25 per person if you want to bowl. There will be food, a cash bar, raffles and more!! Proceeds to help provide healthy food options for Project Concern!



Where: South Shore Bowl (3620 E Carpenter - Cudahy)

When: Sunday, Jan 26th - Doors Open at Noon - Bowling 1pm
Please call 481-0200 to sign up. Don't want to bowl? Perhaps you could make a donation to use for our raffle prizes!

*In partnership with Feeding America and our friends at South Shore Bowl
THANK YOU to Tom & Associated Bank for supporting this event!!*

Benefit To Our Community

Project Concern & CSFI Program for the Elderly continue to see the good works that people do every day in our community. In the midst of so much violence and anxiety in our world, our two organizations work tirelessly with so many good people in our community to help those in need. Please consider joining our efforts to improve the lives of many people in need.

When you support Project Concern and CSFI Program for the Elderly through donations and volunteering you truly make a difference in people's lives!!

Dropping off Donations?

Project Concern welcomes your donations of new or gently used clothing, household items, toys, books and bedding. The pantry appreciates your donation. Please keep in mind we do not accept tube TV's or monitors, mattresses, large pieces of furniture, items that are broken, missing pieces, stained, torn or containing hazardous materials.

Drop off donations when our facility is open please. Items left outside can be damaged by the weather and pose a hazard to anyone trying to get in or out of the building.

CUDAHY-ST. FRANCIS INTERFAITH PROGRAM FOR THE ELDERLY

Our Goal is to help our senior neighbors remain independent and safe in their homes.

You are *not* old!

“Old” is a subjective term. If you refer to yourself as old, you will eventually start to believe it and alter your thoughts & behavior accordingly. Don’t let society tell you that you are old! Find time to read, enjoy nature & embrace what your golden years bring. As Henry Ford once said:

“Anyone who stops learning is old, whether at 20 or 80. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young.”

RESOURCE NUMBERS

2-1-1 IMPACT 24 hour helpline

Aging Resource Center of Milw. County - (414) 289-6874
Hunger Task for Senior Benefit Specialist - (414) 588-7132
SDC Senior Benefit Enrollment Service - (414) 906-2706
JFS Counseling for Disabled Seniors (414) 390-5800
Domestic Violence 24 hour hotline—1-800-799-7233

RECIPE CORNER

Healthy, Tasty & Affordable!

Sloppy Joes

Ingredients

- ♦ Meat (1 lb ground beef)
- ♦ Oil (any type)
- ♦ Seasonings: salt, pepper, dry mustard, chili powder
- ♦ Sauce: ketchup (2/3 cup), Worcestershire (1/2 tsp.), tomato paste (1 tbsp.),
- ♦ Other: brown sugar (1 tbsp.), bell pepper (diced), yellow or white onion (diced), garlic (3 cloves or 2 tbsp. garlic powder), water (1/3 cup), hot sauce (if desired)



What to do

- ♦ Brown meat, drain off fat
- ♦ Add garlic and all veggies (cook on medium) to browned meat & cook for 2-4 minutes
- ♦ Add everything else, simmer for 30 minutes or anything everything is tender and well blended (stir often)
- ♦ *Add more ketchup to achieve desired consistency
- ♦ Serve hot over toasted hamburger buns

Phone: 414-483-4474

Fax: 414-483-4476

Email: info@csfiprogram.org

Mailing Address:

P.O. Box 100095

Cudahy, WI 53110-0095

Location:

4611 S. Kirkwood Ave, Lower Level
of the Nativity of the Lord Parish
Cudahy, WI 53110

Hours of Operation:

Monday	9:00 am to Noon 3:00 pm to 6:00 pm
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Website: csfiprogram.org

Services for Senior Neighbors:

- ♦ Information
- ♦ Referrals to other programs
- ♦ Resources on health, finances & more
- ♦ Help around the house
- ♦ Personal visits by phone or in person
- ♦ Lending library of durable medical equipment for all ages

Medical Lending Library

This is a free service to all residents of Cudahy and St Francis regardless of age. Types of equipment available are:

- | | |
|-----------------------|---------------|
| ♦ canes | ♦ walkers |
| ♦ raised toilet seats | ♦ wheelchairs |
| ♦ shower chairs | ♦ and more |

Equipment can be borrowed for 90 days and if necessary, may be renewed for an additional 90 days.



**CSFI PROGRAM FOR THE
ELDERLY
&
PROJECT CONCERN**

P.O. Box 100093
4611 S. Kirkwood Ave.
Lower Level
Cudahy Wisconsin 53110

Interfaith : 414-483-4474
Project Concern: 414-744-0645



Project Concern and
CSFI Program for the
Elderly are equal
opportunity providers
and employers.

HOLIDAY CLOSINGS

**CSFI for the Elderly
& Project Concern**

Will be closed the following dates:

Halloween: Wed. Oct 30th
Thanksgiving: Fri. Nov 29th
Christmas: Wed. Dec 25th &
Fri. Dec 27th
New Years: Wed. Jan 1, 2020
Pantry Inventory Day: Fri. Jan 31
Pantry Inventory Day: Wed. Feb 26
Pantry Inventory Day: Fri. Mar 27
Easter: Fri. Apr 10th



NON PROFIT ORG.
U.S. POSTAGE
PAID
Cudahy, WI
Permit No. 7

**“ECRWSS”
POSTAL CUSTOMER**

WISH LIST



Project Concern does more than
just provide emergency food. We
provide a warm, welcoming place
for those in need. Please help us
by donating items from the wish
list below so that we can provide
our patrons with life's necessities!

Shampoo/Conditioner

Shaving Cream

Laundry Soap

Hand Soap

Toothpaste/Toothbrushes

Body Wash

Lip Balm

Kleenex

Razors

Dish Soap

Bar Soap

Diapers

Lotion

New Socks