

Community Cares News



Cudahy-St. Francis Interfaith Program for the Elderly & Project Concern of Cudahy – St. Francis Inc.



FALL- WINTER 2016-17



Community Cares News is a newsletter that provides vital information regarding the activities and events of Project Concern of Cudahy-St. Francis (food pantry & clothing bank) and Cudahy-St. Francis Interfaith Program for the Elderly.

HELPING OTHERS IN NEED IS OUR MISSION

The Season to Give— The Reasons to Give

'Tis better to give than receive. How many times have we heard this? Yet have we ever stopped to think what it really means? If you can imagine the joy on someone's face when they receive support when needed or help from a stranger, you will see how faith/community works! We have opportunities for anyone wishing to help, plus volunteering can make you happier & healthier!

Santa's Elves Needed!



YOU CAN MAKE A

DIFFERENCE

Some children have no gifts to open this holiday season. Project Concern has a way for you to help Santa reach those children this holiday season by sponsoring a child or two. Sign up as Santa's Helper by email at pcstaff@hotmail.com, stop by the pantry, or call us at 414-744-0645. Provide a gift in the price range of \$25-\$30 per child. Put a smile on a little one's face and enjoy the gift of giving. Gifts should be dropped off at Project Concern no later than

Dec. 9th.



CHILDREN'S HOLIDAY GIFT ASSISTANCE PROGRAM



The holiday season can be a time of happiness and of celebration. However, the holidays can be stressful for parents struggling to provide their child(ren) with holiday gifts.

Project Concern is here to help. Families registered with our pantry may sign up for holiday gift assistance until mid-November. When registering for gifts remember the price range of gifts you request should cost approximately \$25-\$30. Please make sure to fill out the request form completely, making sure to provide a current phone number or email. Registration forms are available at the pantry or on our website at:

projectconcerncudahy.org.

SO SORRY!

CSFI Program for the Elderly will **not** be providing snow shoveling services for seniors or jobs for youth in our community this winter or in the foreseeable future. CSFI no longer is receiving a Milwaukee County Community Development Block Grant. This grant made up a large portion of our funding.



PROJECT CONCERN OF CUDAHY-ST. FRANCIS

Our Goal is to serve low-income individuals and families by feeding the needy, meeting emergency basic needs and providing a bridge/safety net to help them become self-sufficient.

Phone: 414-744-0645

Fax: 414-744-0645

Email: projconcern@msn.com

Mailing Address:

P.O. Box 100093

Cudahy, WI 53110-0093



Location:

4611 S. Kirkwood Ave, **Lower** Level
of the Nativity of the Lord Parish
Cudahy, WI 53110

Hours of Operation:

Monday 9:00 am to Noon
3:00 pm to 6:00 pm

Wednesday 9:00 am to Noon

Friday 9:00 am to Noon

1st Saturday of the month

9:00 am to 11:00 am

Or by appointment Wed. & Fri.

12:30pm to 2:30pm

Website: projectconcerncudahy.org

Like us on Facebook:

facebook.com/ProjectConcernCSF



Follow us on Twitter:

Food Pantry Services::

- ◆ Emergency food in collaboration with Hunger Task Force.
- ◆ Shopping for clothing, household items, toys and more.
- ◆ Personal care products.
- ◆ Infant Items (formula, baby food and baby care items).
- ◆ Information and referral services.
- ◆ Seasonal programs:
 - School Supplies for students.
 - Special holiday food baskets for families with children.
 - Holiday gift program for children 17 and younger.

Project Concern of Cudahy-St. Francis

Ho Hum? Winter can be Fun!

The weather may be frightful outdoors, but there is plenty of fun and exercise to be had through community recreation programs. The Cudahy Recreation Department, the Kelly Senior Center and the Milwaukee Recreation Department offer something for everyone, from toddlers to seniors. For free or a modest fee you can learn to swim, cook, act, play an instrument, speak a different language, practice yoga, play basketball, and more. Programs are available for all ages with daytime and evening classes with over 30 locations. Recreation guides were mailed in August, but if you misplaced yours, they are available at; Cudahy (294-7435)



St. Francis (482-8484)

Milwaukee (475-8811)

or schedules can be downloaded online.

Kelly Senior Center (414-481-9611) activity information is available at the Center and the Cudahy Library. Make this a winter of family fun, exercise, and learning.

YOUR DONATIONS ARE A KEY COMPONENT

TO OUR PROGRAM

The donations we receive give us the ability to serve our neighbors in need. Project Concern and CSFI Program for the Elderly rely on the following types of donations:

- * Food: canned, frozen or fresh with unexpired freshness dates
- * Personal Care Items
- * Household Items
- * Clothing
- * Toys/Seasonal Items
- * Holiday Gifts for Children
- * Tax Deductible Monetary Donations
- * Ink Cartridges to Recycle
- * Electronics to Recycle
- * Your Time



***Please drop off all donations inside the building - Project Concern needs your items . Please protect them from the weather by dropping off your items when the pantry is open

***We do not accept hazardous materials, mattresses, large pieces of furniture, or tube televisions.

CUDAHY-ST FRANCIS INTERFAITH (CSFI) PROGRAM FOR THE ELDERLY

Our Goal is to help senior neighbors remain independent and safely in their homes.

PEOPLE HELPING PEOPLE

CSFI Program for the Elderly assists seniors 60 and older regardless of income. Project Concern serves 500 households per month that need a helping hand.

With a very small staff the only way that we are able to



help others is with volunteers. Be a VOLUNTEER, make a positive impact on our community. Volunteering has benefits to those that volunteer it can help develop skills, alleviate boredom and can be fun! Volunteering can even make you healthier and happier. You can make a difference in someone's life as well as your own!



Phone: 414-483-4474

Fax: 414-483-4476

Email: csfiprogram.org

Mailing Address:

P.O. Box 100095
Cudahy, WI 53110-0095

Location:

4611 S. Kirkwood Ave, Lower Level
of the Nativity of the Lord Parish
Cudahy, WI 53110

Hours of Operation:

Monday 8:30 am to noon
Wednesday 8:30 am to noon
Friday 8:30 am to noon

Website: www.csfiprogram.org

Like us on Facebook:

www.facebook.com/CSFIprogram

Follow us on Twitter:



Services for Senior Neighbors:

- ◆ Information & referrals
- ◆ Light housekeeping
- ◆ Yard work
- ◆ Resources on health, finances & more.
- ◆ Rides to medical, financial, grocery shopping and other special needs appointments .
- ◆ In-person & phone visits

HEALTH FOR ALL WHO

LIVE, WORK, AND PLAY IN CUDAHY.

The Cudahy Health Department offers a variety of programs and services focusing on preventing illness and disease, and are designed to help keep you and your family healthy. Some available services are: free gun locks, sharps disposal, radon kits and a wide assortment of health screening, immunizations and services for prenatal moms, parents and children. Open Monday-Friday, 8:00AM-4:30PM, additional hours available upon request. Please call 414-769-2239 Remember Women, Infant, and Children (WIC) program services —phone: 414-769-2396



Public Health
Prevent. Promote. Protect.
Cudahy Health Department

RECIPE CORNER

Cranberry Bog Bars

Ingredients:

- 1-1/4 C. Butter softened, divided
- 1-1/2 C. packed brown sugar, divided
- 3-1/2 C. old-fashioned oats, divided
- 1 C. all-purpose flour
- 1 can (14 oz.) whole-berry cranberry sauce
- 1/2 C. finely chopped nuts (optional)



In a large bowl, cream 1 cup butter and 1 cup brown sugar until fluffy. Combine 2 1/2c oats and flour. Gradually add to creamed mixture until crumbly. Press into greased 13x9in. baking pan. Spread with cranberry sauce. In microwave-safe bowl, melt remaining butter, stir in the nuts and remaining sugar and oats. Sprinkle over cranberry sauce. Bake at 375 degrees for 25-30 min or until lightly browned. Cool on wire rack. Cut into bars. Yields 3 Doz.

MEDICAL EQUIPMENT LENDING PROGRAM

- ◆ Canes
 - ◆ Raised toilet seats
 - ◆ Tub chairs
 - ◆ Walkers
 - ◆ Wheelchairs
- Equipment may be borrowed for an initial 90 days and, if necessary, may be renewed for an additional 90 days.



CSFI Program for the Elderly

**CUDAHY-ST. FRANCIS
INTERFAITH
&**

P.O. Box 100093
4611 S. Kirkwood Ave.
Lower Level
Cudahy Wisconsin 53110

Interfaith : 414-483-4474
Project Concern: 414-744-0645

A special Thank You to ...



HOLIDAY CLOSINGS
CSFI for the Elderly
&Project Concern

2016

Thanksgiving Closed

Fri. Nov. 25th thru Mon. Nov. 28th

Christmas—Closed

Fri., Dec. 23rd thru Mon. Dec. 26th

2017

New Years-Closed

Mon, Jan. 2nd

Presidents Day- Closed

Mon. Feb. 20th

St. Patrick's Day- Closed

Fri, March 17th

Good Friday-Closed

Fri, April 14th

Tax Day- Closed

Mon, April 17th

Food Drive-Closed

Fri, May 12th & Mon, May 15th

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COMMUNITY HAPPENINGS DETAILS

All year long, first Monday of the month

Free Blood Pressure Check

November 2016 - Thanksgiving Food Drive

December 2016- Sponsor a child to receive a Holiday Gift

January 29th 2017 - Fundraiser at Motions Bowling

Sponsored by Feeding America on behalf of Project Concern

February 2017 - Personal Care Item Drive

May 2017 - Stamp Out Hunger Food Drive

June 2017- Electronic Recycling Drive

June 4th, Sunday -St. Mark's Musical Benefit Concert



Project Concern and CSFI Program for the Elderly are equal opportunity providers and employers.