



Project Concern and CSFI Program for the Elderly are equal opportunity providers and employers.

### CLOSED DATES

**Project Concern & CSFI Program for the Elderly will be closed on:**

- Friday Nov 26
- Friday Dec 24
- Sat Jan 1, 2022
- Friday Mar 18
- Friday April 15

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## WISH LIST



Project Concern does more than just provide emergency food. We provide a warm, welcoming place for those in need. Please help us by donating items from the wish list below so that we can provide our patrons with life's necessities!

- |                         |                  |
|-------------------------|------------------|
| Shampoo/Conditioner     | Kleenex          |
| Shaving Cream           | Razors           |
| Laundry Soap            | Dish Soap        |
| Hand Soap               | Feminine Hygiene |
| Toothpaste/Toothbrushes | Diapers          |
| Body Wash               | Baby Wipes       |
| Lip Balm                | New Socks        |

# Community Cares News

FALL 2021



*Community Cares News is a joint newsletter for Project Concern Food Pantry and the Interfaith Program for the Elderly*

## Slowing Down

The holidays are nearly upon us. Whatever holiday we choose to celebrate, and however we choose to do it, one common denominator among us is that things go fast. Whether your family or extended family is large, or it's just you, between the decorating, meal planning, shopping and coordinating visits with family or friends, there is a lot going on throughout the holiday season.

During that time, it's very easy to get bogged down with the "grind." But when you stop to think of it, the holidays are supposed to be relaxing and enjoyable.

So how does one balance the hustle of the holidays with finding time to stop and enjoy the moment? With perspective.

Last month, a young man my family had known since his youth passed away. It was a staggering realization for me, and my heart really felt for his wife and two young children. I wondered what I could do to help honor this young man and the roller-coaster-of-a-ride that is life. And it hit me, literally, when I looked up at my basement ceiling and felt a single drop of water hit my face.

Immediately, I wanted to get frustrated and think of the potential cost and inconvenience of repairs. I started thinking of worst-case scenarios, and then it hit me in a different way: life is way too short and fragile to spend time worrying and fretting like that.

This young man that my family knew, I can guarantee that as he fought for his life, the piece of siding that was falling off his garage or the rattle coming from his aging car were the last things on his mind.

So, I re-centered myself and took a deep breath. I still had a home and a job that I love. I took a minute to slow down and realize that the little things don't matter in the end.

This holiday season, as we put together food baskets for families and organize the children's toy drive, we hope to be able to provide our families with many of the small things so that they can relax and enjoy themselves.

Perhaps we can all smile a little more as we practice the art of slowing down.

- Patrick

## PROJECT CONCERN OF CUDAHY-ST. FRANCIS

Our Mission: To serve low-income individuals and families by feeding the needy, meeting emergency basic needs and providing a bridge/safety net to help them become self-sufficient.

Agency Director: Patrick Higgins

Phone: 414-744-0645

Fax: 414-744-0645

Email: [info@projectconcerncudahy.org](mailto:info@projectconcerncudahy.org)

### Mailing Address:

P.O. Box 100093

Cudahy, WI 53110-0093

### Location:

3672 E Plankinton Ave

Lower Level - Nativity of the Lord Parish

Cudahy, WI 53110

### Hours of Operation:

Monday 9:00 am to Noon

3:00 pm to 6:00 pm

Wednesday 9:00 am to Noon

Friday 9:00 am to Noon

1<sup>st</sup> Saturday of the month

9:00am to 11:00 am

*\*\* By appointment Wed: Noon to*

*3:00pm*

Website: [projectconcerncudahy.org](http://projectconcerncudahy.org)

Facebook: [ProjectConcernCSF](https://www.facebook.com/ProjectConcernCSF)

### Food Pantry Services:

- ◆ Emergency food in collaboration with Hunger Task Force and Feeding America
- ◆ Clothing, household items, toys, books and more
- ◆ Personal care products
- ◆ Information and referral services
- ◆ Birthday bag and gift for children
- ◆ Seasonal programs:
  - School Supplies for students
  - Holiday food baskets
  - Christmas gift program

*All services are provided free of charge*

Thank you to our many supporters!

## Christmas Gift Program is Underway!!

You hear it all the time, Christmas is a time for giving. We here at the Food Pantry couldn't agree more! Our program helps provide a gift for any child under 18 that is registered with our Food Pantry and that fills out a Christmas Gift Wish List form and turns it in by November 19th. Wish-List item(s) should have a maximum total cost of \$25, and if asking for clothing please be very specific on size and color.



Our Program Coordinator is seeking Gift Sponsors to fill gift requests and then bring the unwrapped presents here by Monday, December 6th. Sponsor forms can be picked up in person or via our website.

### Forms for parents to fill out are available as follows:

- ◆ Stop by our Food Pantry and call or knock on our door during regular business hours (we are still in curbside-only mode)
- ◆ Visit our website at [www.projectconcerncudahy.org](http://www.projectconcerncudahy.org) and go to the FORMS tab to print a copy
- ◆ Visit our Facebook page at [ProjectConcernCSF](https://www.facebook.com/ProjectConcernCSF) and we have a printable form pinned to the top of our posts

Forms must be turned in no later than **Friday, November 19th**, and the family pickup for all gifts will be **Saturday, Dec 18th from 9am-noon**.

**\*\*Families, please hurry to get your forms in so we can start looking for the specific items your child would like!\*\***

*Project Concern would like to sincerely thank all those who donate or sponsor gifts to help our families enjoy a very special Christmas in the midst of so many struggles.*

*And we cannot do any of this without Lynn's tireless work and all the good volunteers who help her, thank you all!*



## What Donations Do We Need Most?

During this health emergency, we are only able to accept the following donations: New or gently used blankets, towels, sheets, pillowcases, winter clothing and boots for adults and children. We can also use personal care items, such as adult and children full-size toothpaste, dish soap, hand soap and deodorant. We will gratefully accept financial donations and, of course, food donations! Your generosity allows us to help provide for our neighbors in need!

## CUDAHY-ST. FRANCIS INTERFAITH PROGRAM FOR THE ELDERLY

Our Mission: To help our senior neighbors remain independent and safe in their homes.

### Looking to help a senior neighbor and get exercise?

CSFI is looking for friends to help shovel snow for our senior neighbors this winter. Shoveling, when done properly, is a great form of exercise. Your physical fitness improves and your body becomes more efficient at getting oxygen into your bloodstream. Some of our neighbors can pay, others cannot. If you would like to commit to helping a senior this winter with shoveling, please contact Patrick or Anita at 414-744-0645 and we'll put you in touch with the closest neighbor needing help. Thank you!!

### SENIOR RESOURCE NUMBERS

- 211 - IMPACT 24 hour helpline
- Aging Resource Ctr of Milw County - (414) 289-6874
- Kelly Senior Center (Cudahy)- (414) 481-9611
- SDC Senior Benefit Enrollment - (414) 906-2706
- JFS Counseling for Disabled Seniors (414) 390-5800

## SOPHIA'S RECIPE CORNER

### Sophia's Hearty Veggie & Bean Chili

If you're like me and don't feel like cooking every night, then this simple, hearty and healthy chili recipe will make your day! The best part of any chili is the leftovers, as the flavors blend together to make the chili even better on day two or three. Or freeze it and have ready-made meals on hand. And nearly all of the ingredients can be found at our Food Pantry.



**What you need:** Large Pot w/lid or Crock Pot

**Ingredients:** (3 tbsp) oil, (1) med onion, a few carrots, (1) zucchini/yellow squash (cut all veggies into pieces), (3 cans) beans (try low/no sodium red, chili, black, pinto, garbanzo or any cooked/canned bean), (1) 28oz can crushed tomatoes, (1) clove chopped garlic (or garlic powder), cumin, salt and pepper to taste.

**What to do: (Pot on Stove)** Add oil to large pot and brown onions, zucchini/squash & carrots for few minutes, then add everything else and cook covered on low/med for 45-90 mins. **(Crock Pot)** Add all ingredients and cook on high (4 hrs) or low (6) hrs.

**\*\*Omit things you don't like and add more of what you do!**

Bon Appetit!! *Sophia*

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Phone: 414-744-0645

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Email: [info@csfiprogram.org](mailto:info@csfiprogram.org)

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P.O. Box 100095

Cudahy, WI 53110-0095

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Website: [csfiprogram.org](http://csfiprogram.org)

### Services for Senior Neighbors:

- ◆ Information
- ◆ Referrals to other programs
- ◆ Resources on health, finances & more
- ◆ Help around the house
- ◆ Personal visits by phone or in person
- ◆ Lending library of durable medical equipment (for all ages)

### Medical Lending Library

This is a free service to all residents of Cudahy and St Francis regardless of age.

Types of equipment available are:

- ◆ canes
- ◆ walkers
- ◆ raised toilet seats
- ◆ wheelchairs
- ◆ shower chairs
- ◆ and more

Equipment can be borrowed for 90 days and if necessary, may be renewed for an additional 90 days.





## GIFTS MADE IN MEMORIAL OR IN HONOR

**IN MEMORY OF MADELINE SCHULZ**

FROM Michael & Marilyn Petersen

**IN MEMORY OF TODD COLBO**

FROM Linda Kutka

**IN MEMORY OF HELEN STRAY**

FROM Jane & Don Walsh

**IN MEMORY OF AL GASZAK & AL GASZAK, JR**

FROM Constance Gaszak & Friends

**IN MEMORY OF PATTY NOWAKOWSKI**

FROM Veronica J. Snyder, Paul & Judy Ksobiech, Jeff Benjamin, Mary Burgdorff, Cathleen Lewandowski, Vanessa Watts

**IN MEMORY OF PATRICIA PETERSON**

FROM Joseph & Jacqueline Stueck

**IN MEMORY OF DR. MIKE SHIMETA**

FROM Kevin & Michelle Tschol

**IN MEMORY OF NICOLETTE ANASTAS**

FROM Nick, Mildred, Carol & Edward Anastas

**IN MEMORY OF PATRICIA HODSON**

FROM Bob & Betty Hodson

**IN MEMORY OF RICHARD KRYSZEWSKI**

FROM Frances Fleischman, Curt & Kristen Kollé, David & Jeanne Lambert, Edward & Karen Wrench, Anonymous

**IN HONOR OF SHELLY FUGINA**

FROM Sylvia Gear

**IN MEMORY OF CORRINE JEFFREY**

FROM Cynthia Jeffrey

**IN MEMORY OF JANICE ZIEMER**

FROM Ron Ziemer & Family

**IN MEMORY OF IRENE MUELLER & MARILYN GUIDA**

FROM Steven Mueller & Mary Guida

**IN MEMORY OF PAT BZDUSEK & DON BOROWSKI**

FROM Richard & Joan Haske

**IN HONOR OF RETIREMENT OF KENNETH KIELISZEWSKI & MARLENE TURNER**

FROM Kay E Kieliszewski-Kassees

**IN MEMORY OF JIM DYKES**

FROM Ladish Fat man's Club (Christopher Westra), John Keith & Judith Johnstone

**IN LOVING MEMORY OF KEVIN KNIGHT**

SON OF HOWARD KNIGHT; BROTHER OF COLLEEN BOETTCHER KNIGHT AND DONNA WESTON KNIGHT

FROM Kay E. Kieliszewski-Kassees

**IN MEMORY OF SUE HEISE**

FROM Virginia Grossman, Kenneth & Donna Plank, Ronald & Carol Kamprath, Kristen Bieneman, Darrell & Connie Steinke, Rozanne Koshakow, Darlene Blank & Tammy Blank Armbruster, Mary J Van Ackeren, Frank & Terri Pawlarczyk, Diane & Kenneth Kubiak, Robert & Edith Litkowiec, Maria & David Alvarez, David & Patti Waszak, John Bielinski & Megan Walsh Charitable Fund

**IN MEMORY OF DONALD STAHOWIAK**

FROM Michael & Pamela Simerson

**IN MEMORY OF LUCILLE MORAN**

FROM Robert & Edith Litkowiec

**IN MEMORY OF JUAN PAUL**

FROM Jane & Don Walsh

**IN MEMORY OF ANN PAPASTEFAN**

FROM Angeline Papastefan

**IN MEMORY OF MAE KRAWCZYK**

FROM Laura Kukor-Shea, Dorothy Kukor, Jerome & Mary Ellen Mikulay

**IN MEMORY OF JOAN PAUL**

FROM Jerome & Mary Ellen Mikulay

**IN MEMORY OF ZITA GRABANSKI**

FROM Julie & Jerel Wahl

**IN MEMORY OF GILBERT REBACK**

FROM Anita Hallman Kowalski



### Your Donations

When making a donation in honor of or in memory of a friend or loved one, if you would like it listed in this newsletter, please make sure you provide honoree's name and donor's name.

Also, if you wish to make a donation to celebrate someone's birthday, anniversary or any other event, please be sure to include all pertinent information so we can properly recognize them in this newsletter.



## YOUR DONATIONS MAKE THE DIFFERENCE!



### Project Concern & Cudahy/St Francis Interfaith Program for the Elderly

Our organizations exist only through the generous giving and support of our many donors. Whether you support us through time, treasure, talent or prayer, you are giving of yourself to your neighbors in need. And while you, as supporters, may not get to see the smiles (and tears) of gratitude from those we are able to help, we see it everyday and thank YOU for making it possible.

### DONATING ONLINE

If you wish to donate to us online, please visit our website at:

[www.projectconcerncudahy.org](http://www.projectconcerncudahy.org)

You can quickly make a one-time donation, or sign-up for recurring donations, by utilizing the "DONATE NOW" button on our website.



# THANK YOU TO SUPPORTERS OF PROJECT CONCERN & CSFI PROGRAM FOR THE ELDERLY

## APRIL 2021 - SEPTEMBER 2021

### CHURCHES

### BUSINESSES

### GROUPS

Airport Glass & Plastic, Ltd

Alexandra Lovejoy Waeffler Fund for Social Justice

Aurora St Luke's

Aurora St Luke's - Hyperbaric/Wound Care Dept

Blackbaud Giving Fund

Breadsmith - Whitefish Bay

Brewtown Buzz Press

Catholic Community Foundation

Charities Aid Foundation of America

Charlie's Liquor & Tobacco Mart

Costco - New Berlin

Cudahy Library

Cudahy School District

Cudahy, St Francis, Bay View Kiwanis Club

Cudahy, St Francis, Oak Creek Lions Clubs

Dad's Shop (Kevin Tschohl)

Families of Saint John Daycare

Feeding America

The Gardner Foundation

Greater Milwaukee Association of Realtors Youth Foundation

Greater Milwaukee Foundation

Hunger Task Force

KSKJ Life

Jerome & Dorothy Holz Family Found.

Kelly Senior Center

Kone Regional Office - Cudahy

Knights of Columbus Council 1709

Ladies' Auxiliary - Knights of Columbus Council 1709

Ladish Fatman's Club

Lakeside Pub & Grill

Landmark Credit Union - Cudahy

Lovely Salon & Spa

Meijer Oak Creek

Molitor Charitable Foundation

Nativity of the Lord Church

Nativity of the Lord SVDP Conf

O'Day Farm Studios

Paul Fischer / Kwintek, LLC

Pick N Save - St Francis

Ralph Evinrude Foundation

Ray & Kay Eckstein Charitable Trust

Red Brick Pizza - Brookfield

Rotary Club of Mitchell Field

Sacred Heart Apartments

Sacred Heart of Jesus Church

Sacred Heart of Jesus SVDP Conf

Saint Francis Library

Saint Francis School District

South Shore Bowl

South Shore Chamber of Commerce

St. John Ev Lutheran Church

St. Mark's Ev Lutheran Church

St. Paul's Catholic Church

St. Paul's Lutheran Church

Vilter Manufacturing

Walmart - South Milwaukee

WE Energies Foundation

Wixon

### INDIVIDUALS

James Athy

Margaret & Paul Atwater

Lois & Ricky Best

Darlene Blank & Tammy Blank Armbruster

Joyce Berreth & Glenn Horozewski

Brenda & Joseph Blaine

David Blochowicz & Jenell Gray-Blochowicz

Jane & Gary Bokowy

Rosemarie Braun

John Buckson

Dick & Lynn Buschmann

Reene Casper

Christine Cavallaro

Deborah Cefalu

Lynn & John Chovanec

Susan Corlett

David Counard

Carin Croker

Maurice & Amanda Decker

Ryan E Delaney

Ricki & Maureen Dorgay

Neil Feest

Robert & Dorothy Fontaine

Dolores Franckowiak

Michele Fugina

Barbara Gibbs

Raymond Glowacki

Estelle Gooder & Gregory Gooder

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Andrea Horner

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Laurie Kaebisch & Jacquelyn Struck

Richard Kazubowski

Kay E Kieliszewski-Kassees

Jean Koralewski

Roger & Catherine Kluczykowski

Raymond & Joycd Koenig

Danny Komis

Ronald Kotecki

Jerrold Kramer

Bran Krysiak

Jaynie Kutka

Susan Lahr

Robert & Edith Litkowiec

William & Jean Lohr

Juan & Ashley Lozada

Gary & Bonnie Beth Lugauer

Marlene Magee

Katherine Marinan

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Mc & DP Mather

John & Carol May

Robert McCreary

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Georgia McRae

Ronald Meleski

April Menz

Therese & John Michalski

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Judy Moris

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Karen Tharp Nader

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Jason & Crystal Nuss

Mike & Kitty O'Connell

Doris O'Leary

Martin & Debra Orlando

Michael & Cheryl Orlando

Sandra Page

Marvin & Laura Paluszynski

Angeline Papastephan

Cheryl Parkinson

Steven Parsons

Joe Passamani

Joan & Thomas Paul

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Barbara Perszyle

Gertrude Pinter & Barbara Pinter Johnson

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Marlene Rausch

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Sandra Rindal

Bob Roszak

Bev Ryan

Kathleen Rychlinski

Diane Rychlinski

Mike Ryterski

David & Leslie Sadowski

James & Jean Santi

Dominic Scaffidi & Agnes Scaffidi

Ellen Schmidt

Jeffrey Schmidt

Sarah Scott

Donna Seaman

Ellen Sheahan

George & Catherine Simonson

Scott Sottile

Philip Spacek

Diane Stamm

Paul & Christine Stefaniak

Danette Stoner

Craig Stringfellow

Joseph & Jacqueline Stueck

Sue & Friends

Susie, Douglas & Dan

Sandy & Dan Sykora

Margaret Tennesen

Mary Tome & Nancy Drewek

Sophia Torcivia

Michael Toryfter

Thomas Trochta

Yun Chi & Agatha Tsao

Phyllis Verhaalen

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