











Project Concern and CSFI Program for the Elderly are equal opportunity providers and employers.

CLOSED DATES

Project Concern & CSFI Program for the Elderly will be closed on:

Fri May 27 & Mon May 30 Sat July 2 & Mon July 4 Friday Aug 12 Sat Sept 3 & Mon Sept 5 Friday Nov 25 NON PROFIT ORG.
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WISH LIST



Project Concern does more than just provide emergency food. We provide a warm, welcoming place for those in need. Please help us by donating items from the wish list below so that we can provide our patrons with life's necessities!

Shampoo/Conditioner
Shaving Cream
Laundry Soap
Hand Soap
Toothpaste/Toothbrushes
Body Wash

Kleenex
New Can Openers
Dish Soap
Feminine Hygiene
Diapers
Baby Wipes

SPRING 2022



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Community Cares News is a joint newsletter for Project Concern

Food Pantry and the Interfaith Program for the Flderly

Community

Note: I received this letter from an individual who has been both a patron of, and a volunteer with, our Food Pantry. I thought it was a wonderful note and does a beautiful job of highlighting the many ways that Project Concern can impact people, beyond emergency food supplies and clothing. We wish peace for everyone. Patrick

I have had the unique opportunity to become both a patron and a volunteer of Project Concern food pantry. I know that during the pandemic many of us have suffered loss, either financial, emotional, or spiritually, leaving many of us in a most vulnerable and fragile state. I have found Project Concern to be a kind, compassionate and most valuable resource during this time.

My profession takes me into people's homes, many of them elderly. During the pandemic I was not allowed to work, under penalty of a substantial fine. After the lockdown was lifted many people were too afraid to have someone come into their home. This was understandable and I most certainly did not want to endanger anyone so for many months I barely worked. Turning to Project Concern for assistance I was met with compassion. The food that was provided to me was nutritious and covered all the food groups. There was fresh produce and frozen meat, as well as canned and boxed food. There were even desserts! This helped me tremendously.

To add heartache to financial difficulties, my daughter and grandchildren were lost to me. I live alone and they had previously been a large part of my life, as we exchanged love and joy on a daily basis. I became perpetually sad and isolated. During this time I again received help from the food pantry in a quite needed and unexpected way. I had asked to have my name put on the waiting list for volunteers because I wanted to give back to the community. When I received the call to volunteer, I had sunken into depths of sorrow and isolation, unsure of myself and feeling useless. I found the other volunteers and pantry workers to be welcoming and friendly; patient with me while I learned how to fit in and what to do to help. Project Concern was sanitary and run efficiently; I became proud to be a part of it. Volunteering at the food pantry helped me to come out of the shell of isolation I had built and taught me that none of us, no matter how we feel, are ever useless.

Volunteering at Project Concern has become my favorite part of my work week. It is fulfilling to know that I am helping others, which makes this work joyful. We should always remember that we are all part of a community, and we ALL need each other.

PROJECT CONCERN OF CUDAHY-ST. FRANCIS

Our Mission: To serve low-income individuals and families by feeding the needy, meeting emergency basic needs and providing a bridge/safety net to help them become self-sufficient.

Agency Director: Patrick Higgins

Phone: 414-744-0645 Fax: 414-744-0645

Email: info@projectconcerncudahy.org

Mailing Address: P.O. Box 100093

Cudahy, WI 53110-0093

Location:

3672 E Plankinton Ave Lower Level - Nativity of the Lord Parish Cudahy, WI 53110

Hours of Operation:

Monday 9:00 am to Noon

3:00 pm to 6:00 pm

Wednesday 9:00 am to Noon Friday 9:00 am to Noon

1st Saturday of the month 9:00am to 11:00 am

**By appointment Wed: Noon to *3:00pm*

Website: projectconcerncudahy.org Facebook: ProjectConcernCSF

Food Pantry Services:

- Emergency food in collaboration with Hunger Task Force and Feeding America
- Clothing, household items, toys, books and more
- Personal care products
- Information and referral services
- Birthday bag and gift for children
- Seasonal programs:

School Supplies for students Holiday food baskets Christmas gift program

All services are provided free of charge Thank you to our many supporters!

Introducing Our Newest Team Member!

Earlier this year Project Concern learned that our former Director Debby Pizur would be retiring in full from us at the end of 2022. We thank Debby for all the incredible work she has done for our organization and wish her all the best!!

Please welcome our new Fund Developer Catherine Jozwik! Catherine is a lifelong Milwaukee resident and lives in Bay View



with her supportive husband, Franz, and their mischievous but loveable tabby cat, Meatball. Catherine is a freelance journalist and writer, having worked with Shepherd Express, Key Milwaukee, MKE Lifestyle, and Point and Plover Magazine, among many others. She is passionate about Milwaukee, especially the south shore communities, where she also serves as a member of the Saint Francis Celebrations Committee. She is a wonderful addition to our caring and compassion-

Project Concern will be re-opening in May!!

Great news! After more than two years of operating our pantry services as curbside pickup-only, Project Concern will be opening its doors to welcome our families back inside on May 2. Patrons will once again be able to choose all of their preferred food, clothing and household items. Please bring a recent piece of mail and your photo ID, as the TEFAP program requires, and we can't wait to see you again!

And a huge shout-out and thank you to all of our volunteers who have dug in and battled through all of the challenges of the past two years, wearing masks always, doing jobs that we didn't need to do previously, and ultimately, keeping our mission alive and well during the most trying of times. We have the greatest volunteer group anywhere!

Please NOTE: We will not be able to take clothes/household goods donations until we get into summer, as we have two years worth of donations to share with our families first! Thanks for your support!!

CUDAHY-ST. FRANCIS INTERFAITH PROGRAM FOR THE ELDERLY

Older Adult Connection

As we hopefully move further towards coming out of the pandemic, we are looking for older adults of any age that are interested in connecting with other community members. We are working to connect people with other area older adults who either share similar interests or who are looking for someone to help them with light cleaning or chores once in a while. If you are looking for help or a connection, or if you would like to help others or make a connection, please call us and ask to sign up!

SENIOR RESOURCE NUMBERS

- 211 IMPACT 24 hour helpline
- Aging Resource Ctr of Milw County (414) 289-6874
- Kelly Senior Center (Cudahy)- (414) 481-9611
- SDC Senior Benefit Enrollment (414) 906-2706
- JFS Counseling for Disabled Seniors (414) 390-5800

SOPHIA'S RECIPE CORNER

Sophia's Easy-Roasted Veggies

One of my favorite things to look for at Project Concern is fresh vegetables, especially throughout the summer when more local items begin to harvest. Roasted veggies are quick and



easy and only require a cookie/sheet pan and oil. You can add mild seasoning if you like, such as salt, pepper or a simple herb mixture, or just let the flavors of the veggies have the spotlight!

What you need: Veggies (onion, any squash, asparagus, zucchini, broccoli, mushrooms, potatoes, etc.), any kind of oil, seasoning if desired, oven sheet pan / cookie pan

What to do: Rinse and cut all veggies into pieces (for squash, you'll need to discard the hard outer shell), then place in bowl and toss with enough of any kind of oil to evenly coat the veggies (but they don't need to take a bath in the oil, haha!) and add seasoning if desired. Mix well and pour onto baking or cookie sheet. Bake in oven at 350-425 degrees for 20-35 minutes, or until veggies are done to your liking. Remember to give the veggies a flip or turn halfway through cooking. Enjoy over pasta, rice or in a taco shell! Bon Appetit!! Sophia

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Wednesday 9:00 am to Noon

9:00 am to Noon Friday

Website: csfiprogram.org

Services for Senior Neighbors:

- Information
- Referrals to other programs
- Resources on health, finances & more
- Help around the house
- Personal visits by phone or in person
- Lending library of durable medical equipment (for all ages)

Medical Lending Library

This is a free service to all residents of Cudahy and St Francis regardless of age. Types of equipment available are:

- canes
- walkers
- raised toilet seats wheelchairs
- shower chairs and more

Equipment can be borrowed for 90 days and if necessary, may be renewed for an additional 90 days.

GIFTS MADE IN MEMORIAL OR IN HONOR

IN MEMORY OF DR. MITRA FALLAHI

FROM The Staff at Catapult Learning

IN MEMORY OF ROSE (ROSALIA)BRANNON

FROM Thomas Dean Evans & Nancy Evans

IN MEMORY OF AL WARAKSA

FROM James & Annette Sabo

IN MEMORY OF CEIL WENGLEWSKI

FROM Brian & Peggy Dlapa

IN MEMORY OF JOYCE BERRETH

FROM Michael & Vicki Neuberger, John, Keith & Judith Johnstone, Margaret Remm, Robert & M.E. Bahling, Nikola Matic, Robert & Edith Litkowiec, Rev. Gerald L & Joyce Berreth, Rudy Plimpton, Brett Johnstone, Dale & Christine Galloway

IN MEMORY OF VINCENT & IRENE TRASKOWSKI

FROM Carl Traskowski

IN MEMORY OF TAMMY MUZIA

FROM John & Janis Plentok

IN MEMORY OF JAMES SENGER

FROM Margaret Senger

IN MEMORY OF DR. MIKE SHIMETA

FROM Kevin & Michele Tschohl

IN MEMORY OF THERESA SLUSAR

FROM Karen & Carl Schad

IN MEMORY OF DORIS O'LEARY

FROM David O'Leary

IN MEMORY OF HERBERT & LOUCIANA WOLF

FROM Harold Wolf

IN HONOR OF JOSEPH & JACQUELINE STUECK

FROM Polly Stueck & Edward Ciletti, Jr.

IN MEMORY OF ALICE CORBISIER

FROM Mary Walters

IN MEMORY OF PATRICIA BARTOSHEVICH

FROM Paul & Denise Wasikowski

IN HONOR OF SHELLY FUGINA

FROM Jane & Richard Murray

IN MEMORY OF JACQUELINE BARANEK

FROM Terri & Jeffrey Pascucci, Karen & Karnig Durgarian, Joseph Martelt, Thomas Trochta, Dawn Martin, Robert & Edith Litkowiec, Susan Clark, Stephen & Ricca Voboril, Rosemarie Colla, Judith & Charles Wolter, Terence & Jacalyn Benka, Carrie & Richard Brunk, Candice Littmann

IN MEMORY OF JOSEPH VODNIK AND MYS-

FROM Kay E. Kieliszewski-Kassees

IN MEMORY OF JANICE ZIEMER

FROM Ronald Ziemer

IN MEMORY OF MARY BETH SALIK & LORET-TA MAGILKA

FROM Meridy Ann McCague

IN MEMORY OF HOWARD EUGENE GILLING-HAM

FROM Robert & Susan Williamson

IN MEMORY OF PHIL CURRIER AND CURRIER FAMILY

FROM Jerome & Mary Mikulay

IN MEMORY OF PETE ROTH

FROM Marvin & Sharon Hipp



Your Donations

When making a donation in honor of or in memory of a friend or loved one, if you would like it listed in this newsletter, please make sure you provide honoree's name and donor's name.

Also, if you wish to make a donation to celebrate someone's birthday, anniversary or any other event, please be sure to include all pertinent information so we can properly recognize them in this newsletter.



YOUR DONATIONS MAKE THE DIFFERENCE!





Project Concern & Cudahy/St Francis Interfaith Program for the Elderly

Our organizations exist only through the generous giving and support of our many donors. Whether you support us through time, treasure, talent or prayer, you are giving of yourself to your neighbors in need. And while you, as supporters, may not get to see the smiles (and tears) of gratitude from those we are able to help, we see it everyday and thank YOU for making it possible.

DONATING ONLINE

If you wish to donate to us online, please visit our website at:

www.projectconcerncudahy.org

You can quickly make a one-time donation, or sign-up for recurring donations, by utilizing the "DONATE NOW" button on our website.

























Jerome J. and Dorothy H. Holz

FAMILY FOUNDATION





THANK YOU TO SUPPORTERS OF PROJECT CONCERN & CSFI PROGRAM FOR THE ELDERLY OCTOBER 2021 - MARCH 2022

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