

March 1, 2023

## Welcome!!!

Thank you for your consideration to participate in the “One More Time Around” fundraiser for Project Concern of Cudahy/St. Francis. Project Concern appreciates your support of our food pantry. The best of luck to you as you attempt to attain your goals.

Project Concern is a non-profit emergency food pantry, clothing bank, and resource center serving low-income residents of Cudahy and St. Francis for over 50 years. We serve over 300 families a month. We could not continue without the great support from our donors.

### **Parking:**

The “One More Time Around” fund raiser will use the track on the east side of Cudahy High School (4950 S. Lake Dr.). Parking is in the Cudahy High School parking lot and is free. Participants should turn east from Lake Dr. onto Pulaski Dr. (located south of the high school) and turn left into the high school’s parking lot.

### **Bibs**

The track will be open from 8:00 am to 12:00 pm. You may choose any start time in between to complete your laps. The more laps you want to complete the earlier you should begin. Visit the registration tent to pick up your “bib” numbers prior to entering the track. Registration will begin at 7:30.

There will be a clock on display, however you will need to bring your own device (e.g., a watch) to record your personal data. The number of laps completed and total time of completion should be reported to the registration table when finished.

### **Pledge**

Participants are requested to collect pledges based on the number of laps you think you can complete in the four-hour time limit. For example, if you think that you will complete 10 laps, and a donor pledged \$1.00 per lap, then the person would donate \$10.00 to Project Concern. A pledge sheet has been attached to this mailing. Feel free to make as many copies as necessary.

We work on the honor system. We ask that you bring a friend to help you count laps. Volunteers will be there to help but there may not be enough for everyone.

After you have completed the event, you should inform your pledges of how many laps you completed. Pledges can then mail in their donations to Project Concern at 4611 S. Kirkwood Ave, Cudahy 53110, drop them off at Project Concern, or submit them electronically through Network for Good as found on our web site at [projectconcerncudahy.org](http://projectconcerncudahy.org).

## **Teams**

All teams are required to participate in the entire four-hour period from 8:00 to 12:00. Team membership is not restricted. Teams can collect pledges either individually or as a team. Teams must track members' laps and report the total upon completion of the four hours. A special "bib" will be given to each team that must be worn (or carried) by the participating team member during his/her run.

**Each team member is required to complete a registration form and sign the liability waiver.**

## **Refreshments and Food**

Water and some food will be provided for participants and their volunteers. However, it is recommended that if you have special nutritional needs, please bring your own gels, snacks, electrolytes, etc. You will be able to set up a "home base" along the side of the track. Coolers are allowed on the premises. No alcoholic beverages are allowed on school property.

There will be a food tent that will serve hot dogs and snacks for everyone involved.

## **Bling/Awards**

Project Concern tee shirts will be distributed to participants at the track. Be sure to note your size on the entry application.

Awards will be presented to the top male and female finishers and team who complete the most laps.

## **Weather:**

The event will be held unless severe weather occurs. In the event of severe weather, the race director may delay or cancel the event.

## **Now What?**

Please complete the entry application (attached), sign the liability waiver (also attached) and forward it to Project Concern by June 9. Entry forms and waivers will be available on the day of the fundraiser however a T-shirt cannot be guaranteed. A pledge sheet master has also been included.

**Bring a copy of your pledge sheet to the registration table at the event prior to entering the track.**

Again, thank you for your support. If you have any questions, please contact Doug Stewart at [doug.stewart@projectconcerncudahy.org](mailto:doug.stewart@projectconcerncudahy.org) or call the food pantry at (414) 744-0645 during regular pantry hours.

Regards,

The staff at Project Concern of Cudahy/St. Francis

See you in June!!!

