

FALL 2023



Your Friendly Twice-a-Year Newsletter For Project Concern and Cudahy/St. Francis Interfaith Program for the Elderly

Nifty & Thrifty



Project Concern's 8,500 square-foot Community Center offers more than just emergency food to its patrons.

Our thrift store includes clothing, shoes, books, housewares, a children's play area, blankets and linens, and more.

It is accessible to registered Project Concern patrons and their immediate family members to utilize during their monthly visit, and all available items are donated by caring Project Concern supporters in the Cudahy and St. Francis communities and beyond.

All items are free of charge to our families in need.

Modeled after department stores, the thrift store is overseen by an energetic and robust team of dedicated volunteers, who process donations, display clothing and other items on racks and shelves, and ensure that the area is clean and organized at all times.

We stock men's and women's clothing in sizes from infant to adult, and features seasonal clothing such as sweaters and coats in fall and winter, and shorts and tank tops in spring and summer. Various shoes and boots of all types are available throughout the year.

Although Project Concern does recycle stained and unusable clothing for rags, we kindly ask that donated clothing items be clean and in good condition.

Due to space constraints, Project Concern is unable to accept furniture, CDs and DVDs, artwork, car seats and knickknacks.

For an updated list of requested donation items, visit projectconcerncudahy.org.

PROJECT CONCERN OF CUDAHY-ST. FRANCIS

Our Mission: To compassionately provide a path to self-sufficiency by providing basic needs such as food, clothing and access to additional community resources.

Agency Director: Patrick Higgins
Phone: 414-744-0645
Fax: 414-744-0645
Email: info@projectconcerncudahy.org
Website: projectconcerncudahy.org
Facebook: ProjectConcernCSF

Mailing Address:
P.O. Box 100093
Cudahy, WI 53110-0093

Location:
3672 E Plankinton Ave
Lower Level - Nativity of the Lord Parish
Cudahy, WI 53110

Hours of Operation:
Monday 9:00 am to Noon
3:00 pm to 6:00 pm
Wednesday 9:00 am to Noon
Friday 9:00 am to Noon
1st Saturday of the month
9:00am to 11:00 am

***By appointment Wed: Noon to 3:00pm*

Food Pantry Services:

- ◆ Emergency food in collaboration with Hunger Task Force and Feeding America
- ◆ Clothing, household items, toys, books and more
- ◆ Personal care products
- ◆ Information and referral services
- ◆ Birthday bag and gift for children
- ◆ Seasonal programs:
 - School Supplies for students
 - Holiday food baskets
 - Christmas gift program

All services are provided free of charge
Thank you to our many supporters!

Volunteer Spotlight: Meet Michele!



In nearly two decades of volunteering with Project Concern, Michele Fugina has seen many new faces.

She began volunteering here 18 years ago, after finding out about Project Concern through her aunt, a donor of the organization.

Michele works with the pantry's dry food goods, many of which are essential food items for our patrons. Besides sorting and stocking these items, she keeps the area clean and performs other tasks as needed. She even vacuums on most days!

Michele believes that Project Concern's supportive, team-oriented staff, with management that is always willing to address concerns, and dedicated volunteers make the organization a great place in which to donate her time. "The two guys helping me out the most are Mike and Nick—they are my sidekicks," she added.

Although she has had to take time off from volunteering recently due to personal and family reasons, Michele can typically be found at the Project Concern Food Pantry three or four days a week. Working with diverse patrons and volunteers "has helped me be more friendly," she noted.

Michele's hobbies include bowling and playing bingo.

CUDAHY-ST. FRANCIS INTERFAITH PROGRAM FOR THE ELDERLY

Our Mission: To help our senior neighbors remain independent and safe in their homes.

Interfaith Program Acquires New Medical Equipment to Lend to Patrons

Thanks to donations from loyal supporters, Agency Director Patrick Higgins plans to purchase at least six new pieces of equipment to add to Interfaith's growing free medical equipment lending library, including wheelchairs, bariatric walkers and foldable four-point canes.

Project Concern is so grateful to its generous donors for helping make these purchases of life-changing medical equipment possible!

SENIOR RESOURCE NUMBERS

- 211 - IMPACT 24 hour helpline
- Aging Resource Ctr of Milwaukee County - (414) 289-6874
- Kelly Senior Center (Cudahy)- (414) 481-9611
- SDC Senior Benefit Enrollment - (414) 906-2706

Recipe Corner

Marilyn's Simple Cauliflower Soup

Serves 4 (add a sandwich as well!)

Ingredients:

- 2 cups Cauliflower, chopped
- 1/2 cup Celery, chopped
- 5 cloves Garlic
- 2 tablespoons Oil
- 1 cup Milk
- 1/2 cup Water
- 1 teaspoon Butter
- Salt and pepper to taste

Directions:

Heat oil in medium size pot over medium heat for one minute. Add the garlic cloves and celery and saute for about a minute, until the aroma rises.

Add the cauliflower, butter, water and a dash of salt and cook for 4-6 minutes while continuing to stir. Then cover and continue to cook for 5 more minutes.

Add the milk, black pepper and water and return to a boil for two more minutes, covered. Check the cauliflower and celery for tenderness and cook more if desired.

Garnish with salt and black pepper and enjoy!

Recipe provided by Marilyn Jozwik



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Services for Senior Neighbors:

- ♦ Information
- ♦ Referrals to other programs
- ♦ Resources on health, finances & more
- ♦ Help around the house
- ♦ Personal visits by phone or in person
- ♦ Lending library of durable medical equipment

Medical Lending Library

This free service is available to all Cudahy and St. Francis residents regardless of age.

Equipment includes:

- ♦ Canes
- ♦ Raised toilet seats
- ♦ Walkers
- ♦ Wheelchairs
- ♦ And more!

Equipment can be borrowed for 90 days and if necessary, may be renewed for an additional 90 days.



Project Concern and CSFI Program for the Elderly are equal opportunity providers and employers.

CLOSED DATES

Project Concern & CSFI Program for the Elderly will be closed on:

Mon 12/25 Christmas
Mon 1/1/24 New Years Day
Fri 2/9 Inventory & Cleaning
Fri 3/29 Good Friday
Fri 4/26 Inventory & Cleaning

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“ECRWSS”

POSTAL CUSTOMER

WISH LIST



Project Concern does more than just provide emergency food. We provide a warm, welcoming place for those in need. Please help us by donating items from the wish list below so that we can provide our patrons with life's necessities!

Shampoo/Conditioner
Shaving Cream
Laundry Soap
Hand Soap
Toothpaste/Toothbrushes
Body Wash
Lip Balm

Kleenex
New Can Openers
Dish Soap
Feminine Hygiene
Diapers
Baby Wipes
New Socks